



New Moon in Capricorn

SUN 2 JAN, 2022 • 12.33 PM (CST), 6.33 PM (GMT)
MON 3 JAN, 2022 • 5.33 AM (AEDT)
YIN • CARDINAL • EARTH

This lunar cycle begins with the meeting of Sun and Moon in the constellation of **Capricorn**.

This yin earth sign represents the principle of **Achievement** and our need to feel successful: to structure our efforts and live with authority.

Capricorn is the **Sea-goat**, a mythical creature with the upper body of a goat, and the lower body of a fish, symbolising the integration of our soulful intuition and our sure-footed ability to thrive in inhospitable environments: a reminder that we are spiritual creatures having an earthly experience.

Capricorn is the **Midwife**, grounded, deeply present, patient, attuned, and able to sense when the energetic flow has been impeded and some adjustment is required.

Capricorn is the **CEO**, able to steer a course towards a significant goal amidst complex moving parts, collaborating with others to create something that will better the world.

Capricorn invites us to choose our goal, our mountain, and to set out on that path with **firm, faithful steps**, setting ourselves up for success, and trusting in our ability to adapt and innovate as required.

✱

Cancer is the sign that lies opposite Capricorn, and these two archetypes make up a yin polarity that asks:

What is our ancestry and what will be our legacy?

How can we thrive, as a family and as a society, and what will remain nourishing long after we are gone?

Capricorn is the **excellence** we can achieve when we undergird our vision with committed action, and sustain our efforts with rest, relationship and nourishment on every level (Cancer).

Capricorn is the **integration** that theologian Frederick Buechner described as “the place where your deep gladness and the world’s deep hunger meet.” (Cancer)

Capricorn is **control and rigidity** when we feel we have to do it all ourselves, when we forget that we are part of something greater and that our role is to simply to channel the incredible fertile, cyclical power of the universe (Cancer).

Monthly Focus

THE SIGN OF CAPRICORN FALLS ON MY _____ HOUSE, SO THIS MONTH I AM INVITED TO

_____ .

I EXPRESS THIS EARTHY NEED TO FEEL SUCCESSFUL PARTICULARLY IN MY

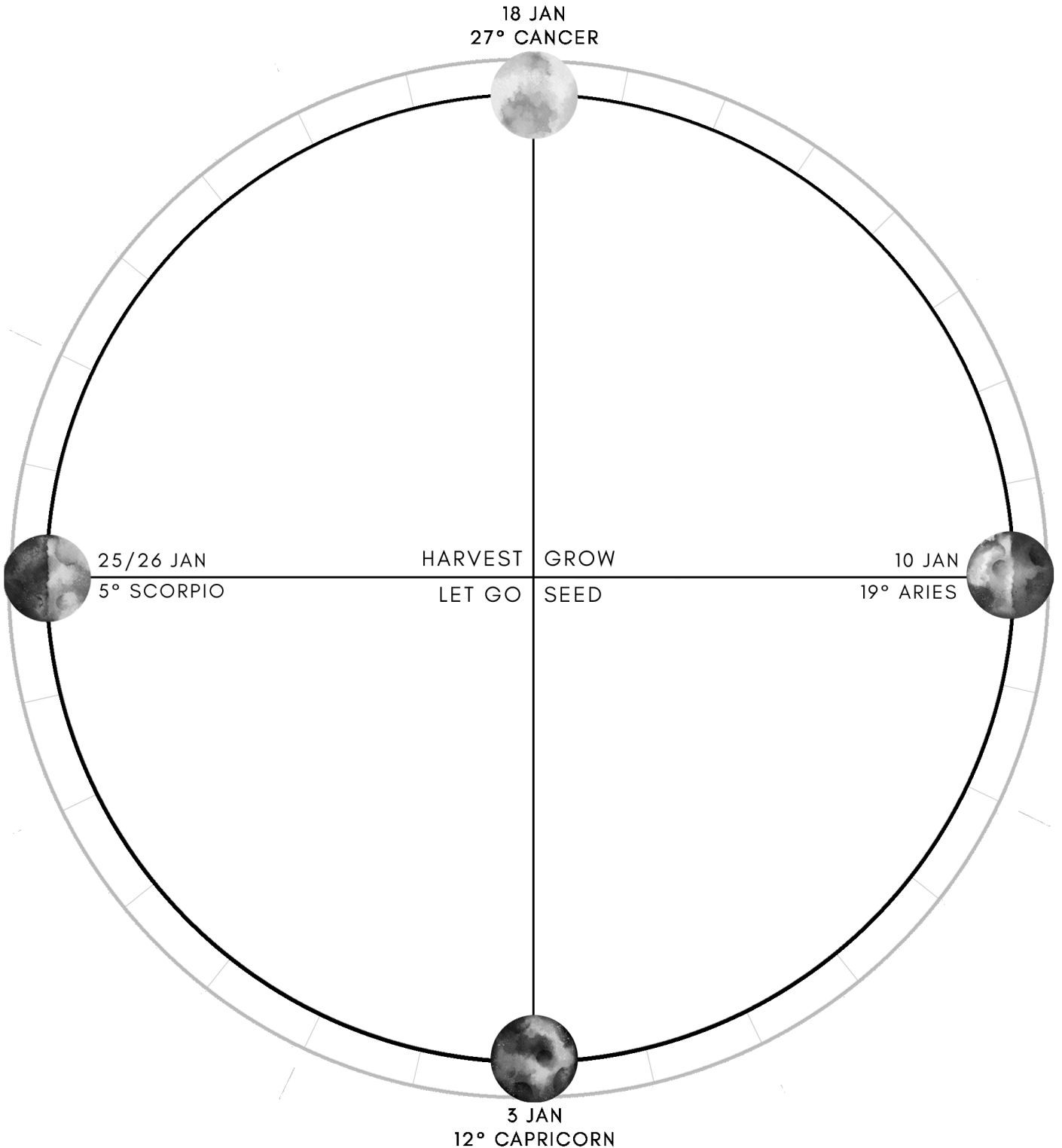
Intention

MY INTENTION FOR THIS LUNAR CYCLE IS:



Capricorn New Moon

MY NEED TO FEEL SUCCESSFUL: TO STRUCTURE MY EFFORTS AND LIVE WITH AUTHORITY



We are Midwives

SEED • NEW MOON AT 12° CAPRICORN
SUN 2 JAN, 2022 • 12.33 PM (CST), 6.33 PM (GMT)
MON 3 JAN, 2022 • 5.33 AM (AEDT)
CAPRICORN ☉ + CAPRICORN ☽ = EARTH + EARTH

What is arising? What vision or dream are you 'midwifing' or holding space for, in yourself, your work or community? What's the 'birth plan' and what's your definition of 'success'?

We take initiative

GROW • FQ MOON AT 19° ARIES
SUN 9 JAN • 12.11 PM (CST), 6.11 PM (GMT)
MON 10 JAN • 5.11 AM (AEDT)
CAPRICORN INTENTION + ARIES ☽ = EARTH + FIRE

What's the next step on your path? What support would help you move a particular project along?

We are Caring

HARVEST • FULL MOON AT 27° CANCER

MON 17 JAN • 5.48 PM (CST), 11.48 PM (GMT)

TUE 18 JAN • 10.48 AM (AEDT)

CAPRICORN INTENTION + CANCER ☽ = EARTH + WATER

What is arising? What signs of growth and thriving are evident within you and around you?

Does any conflict or disconnection require your care at the moment?

We trust the process

LET GO • LQ MOON AT 5° SCORPIO

TUE 25 JAN • 7.40 AM (CST), 1.40 PM (GMT)

WED 26 JAN • 12.40 AM (AEDT)

CAPRICORN INTENTION + SCORPIO ☽ = EARTH + WATER

How did you become more deeply and essentially YOU, this month? What are you ready to let go of now?

Dark Moon Digestion

DATE: _____

PERSONAL INSIGHTS FROM THIS LUNAR CYCLE

How did you go with your intention? What did you learn by holding it this month, whether or not it came to be? What are you celebrating? What rest and recovery will you prioritise for these final few days of the cycle?

CREATIVE RESPONSE: RIP

Draw a tombstone, and write an epitaph for yourself based solely on how you've lived this last lunar month. If you like, draw another one with an epitaph for how you'd like to live and be remembered.